

## Diabetes is a Challenge. Your Care Shouldn't Be.

## CareFirst introduces \$0 cost share on insulin and diabetes supplies

Living with a chronic condition like diabetes can be overwhelming. With the proper management, people with diabetes can lead long, healthy lives. CareFirst can help.

Beginning January 1, 2021, our members will pay \$0\* for preferred brand insulin and diabetic supplies, even before they've met their deductible. And yes, this includes those with an HSA-qualified high deductible health plan (HDHP).

- The \$0 diabetes cost share will be effective when your health benefits renew in 2021.
- To find out which insulin and diabetic supplies are covered on your formulary, visit carefirst.com/rx. Log into My Account and select Drug and Pharmacy Resources to confirm your formulary.

If you have questions about this new benefit or are looking to save on insulin, we encourage you to discuss options with your doctor.



You may have access to free programs to help prevent and manage diabetes. Learn more at carefirst.com/diabetes.

\*This benefit is available for CareFirst members with fully insured group or individual plans and select self-insured groups.

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