

INTRODUCING PORTER HEALTH

Medicare Advantage plan members get personalized care coordination and assistance through their health plan with Porter Health

As part of member benefits with CareFirst, Inc., Medicare Advantage plan members now have Porter Health to deliver care concierge services at no additional cost.

Services Porter provides:

- Dedicated care guide
- Porter practitioner in-home visit
- Personalized care plan with care guide support for 30-days
- Help with necessary follow-up appointments
- Assist in navigating plan benefits
- Facilitate necessary medical equipment
- Connection to community and local services
- Education on unique conditions
- Support for the member's entire care circle

Porter helps members recover with confidence

1. A Porter Care Guide will reach out to members via phone.
2. Porter reviews and supports any immediate health needs a member may have.
3. Porter will schedule the member's In-Home Visit with a Porter practitioner.
4. Porter helps members take full advantage of their Health Plan.
5. Porter will support all members needs for the next 30 days.



With Porter, your dedicated care guide is with you every step of the way.

Porter has helped members with:

- Meal prep and delivery
- Transportation
- Housekeeping
- Home modification support for activities of daily living
- Schedule appointments and find a primary care provider or specialist

For more information, members can contact Porter at 1-800-558-9922, e-mail help@helloporter.com or visit www.helloporter.com.