CareFirst Medicare Advantage

Summary of Benefits

CareFirst BlueCross BlueShield Medicare Advantage

January 1, 2023—December 31, 2023

Service Area: Anne Arundel, Frederick, Carroll, Harford and Howard counties.

CareFirst BlueCross BlueShield Advantage Core (HMO)
H6067-001-001

CareFirst BlueCross BlueShield Advantage Enhanced (HMO)
H6067-002-001

Y0154_H6067_MA0583_M

Summary of Benefits 2023
CareFirst BlueCross BlueShield Medicare Advantage

This document summarizes the benefits of our plans and what you can expect to pay when you seek care. Every plan is required to create a Summary of Benefits document (like the one you're reading now). For additional information, including a complete list of benefits, call us and request an "Evidence of Coverage" document or find a copy online at **carefirst.com/medicareadvantage.**

Who is eligible for our plans?

Anyone qualified for Medicare Part A, enrolled in Medicare Part B and living in our service area. The CareFirst BlueCross BlueShield Medicare Advantage service area includes the following counties in Maryland: Anne Arundel, Carroll, Frederick, Harford, and Howard.

Understanding your options

Medicare benefits are available through Original Medicare, which is run by the Federal government. Another option is to enroll in Medicare benefits through a Medicare Advantage health plan with CareFirst BlueCross BlueShield Medicare Advantage.

A Medicare Plan Finder tool is available at medicare.gov. Additionally, you can view the free "Medicare & You" handbook at that same website. Printed handbooks are available by request—for your copy, call 1-800 MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users can call 1-877-486-2048.

Pharmacy

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. You can see our plan's provider and pharmacy directory on our website (**carefirst.com/medicareadvantage**). Or, call us and we will send you a copy of the provider and pharmacy directories.

Provider Networks

CareFirst BlueCross BlueShield Medicare Advantage members are generally not covered for out-of-network services except for emergent or urgent situations, dialysis, and other special circumstances approved in advance by the plan. Please call our member services number or see your Evidence of Coverage for more information.

Referrals may be required for specialty care only.

Want more information?

Call 855-290-5744 (TTY:711) 8:00 a.m.-8:00 p.m. ET, 7 days a week from October 1 through March 31. From April 1 through September 30, our hours are 8:00 a.m.–8:00 p.m. ET, Monday through Friday.

Website: **carefirst.com/medicareadvantage**

Premiums and Benefits	CareFirst BlueCross BlueShield Advantage Core (HMO)	CareFirst BlueCross BlueShield Advantage Enhanced (HMO)
Information related to monthly premiums, deductibles and limits on how much you pay for services is listed below. If you use providers that are not in our network, the plan may not pay for these services. Referrals may be required for specialty care.		
Monthly Plan Premium	$18.00 You must continue to pay your Part B premium each month.	$75.00 You must continue to pay your Part B premium each month.
Deductibles	No deductible.	No deductible.
Maximum Out-of-Pocket Responsibility **(does not include prescription drugs)**	Like all Medicare Advantage health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care. Your yearly limit(s) in this plan is $8,300.00 for services you receive from in-network providers for Medicare-covered services. If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year. Please note that you still need to pay your monthly premiums.	Like all Medicare Advantage health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care. Your yearly limit(s) in this plan is $7,300.00 for services you receive from in-network providers for Medicare-covered services. If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year. Please note that you still need to pay your monthly premiums.
Inpatient Hospital coverage Prior authorization may be required.	Our plan covers 90 days for each Medicare-covered inpatient hospital stay. You pay a $350.00 copay per day for days 1 through 5. You pay a $0.00 copay per day for days 6 through 90. Our plan also covers 60 lifetime reserve days. These are extra days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days per contract year.	Our plan covers 90 days for each Medicare-covered inpatient hospital stay. You pay a $350.00 copay per day for days 1 through 5. You pay a $0.00 copay per day for days 6 through 90. Our plan also covers 60 lifetime reserve days. These are extra days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days per contract year.

Premiums and Benefits	CareFirst BlueCross BlueShield Advantage Core (HMO)	CareFirst BlueCross BlueShield Advantage Enhanced (HMO)
Outpatient Hospital coverage Prior authorization may be required.		
Outpatient hospital services	You pay a $250.00 copay for each Medicare-covered outpatient hospital visit.	You pay a $150.00 copay for each Medicare-covered outpatient hospital visit.
Ambulatory surgery center	You pay a $200.00 copay for each Medicare-covered ambulatory surgical center visit.	You pay a $100.00 copay for each Medicare-covered ambulatory surgical center visit.
Doctor Visits		
Primary care providers	You pay a $5.00 copay per Medicare-covered primary care provider (PCP) visit.	You pay a $0.00 copay per Medicare-covered primary care provider (PCP) visit.
Specialists Prior authorization and referrals may be required for specialist visits.	You pay a $50.00 copay per Medicare-covered Specialist visit.	You pay a $40.00 copay per Medicare-covered Specialist visit.
Preventive Care	Our plan covers Medicare-covered preventive services at no cost when you see an in-network provider. Any additional preventive services approved by Medicare during the contract year will be covered.	Our plan covers Medicare-covered preventive services at no cost when you see an in-network provider. Any additional preventive services approved by Medicare during the contract year will be covered.
Emergency Care	You pay a $95.00 copay for each Medicare-covered emergency care visit. Copay waived if admitted to the hospital within 24 hours. Worldwide (outside the U.S.) emergency care also covered. There is a $25,000 combined maximum for Worldwide Emergency/Urgently Needed Services. You pay a $95.00 copay. Copay is not waived if admitted to the hospital.	You pay a $90.00 copay for each Medicare-covered emergency care visit. Copay waived if admitted to the hospital within 24 hours. Worldwide (outside the U.S.) emergency care also covered. There is a $50,000 combined maximum for Worldwide Emergency/Urgently Needed Services. You pay a $0.00 copay. Copay is not waived if admitted to the hospital.

Premiums and Benefits	CareFirst BlueCross BlueShield Advantage Core (HMO)	CareFirst BlueCross BlueShield Advantage Enhanced (HMO)
Urgently Needed Services	You pay a $30.00 copay for each Medicare-covered urgent care visit. Copay is waived if you are admitted to the hospital within 48 hours. Worldwide (outside the U.S.) urgently needed care coverage also covered. There is a $25,000 combined maximum for Worldwide Emergency/ Urgently Needed Services. You pay a $30.00 copay. Copay is not waived if admitted to the hospital.	You pay a $20.00 copay for each Medicare-covered urgent care visit. Copay is waived if you are admitted to the hospital within 48 hours. Worldwide (outside the U.S.) urgently needed care coverage also covered. There is a $50,000 combined maximum for Worldwide Emergency/ Urgently Needed Services. You pay a $0.00 copay. Copay is not waived if admitted to the hospital.
Diagnostic Services/Labs/ Imaging Prior authorization may be required.		
Diagnostic tests and procedures	You pay a $50.00 copay for each Medicare-covered diagnostic test and procedure.	You pay a $40.00 copay for each Medicare-covered diagnostic test and procedure.
Lab services	You pay $0.00 for Medicare-covered lab services.	You pay $0.00 for Medicare-covered lab services.
Diagnostic radiology services (e.g. CT, MRI)	You pay a $200.00 copay for Medicare-covered diagnostic radiology. Mammograms are covered with a $0.00 copay as part of Medicare-covered preventive care.	You pay a $150.00 copay for Medicare-covered diagnostic radiology. Mammograms are covered with a $0.00 copay as part of Medicare-covered preventive care.
Therapeutic radiology services	You pay 20% coinsurance for Medicare-covered therapeutic radiological services.	You pay 20% coinsurance for Medicare-covered therapeutic radiological services.
Outpatient X-rays	You pay a $20.00 copay for Medicare-covered x-rays.	You pay a $10.00 copay Medicare-covered x-rays.

Premiums and Benefits	CareFirst BlueCross BlueShield Advantage Core (HMO)	CareFirst BlueCross BlueShield Advantage Enhanced (HMO)
Hearing Services		
Evaluations to diagnose medical conditions	You pay a $40.00 copay for each Medicare-covered hearing exam.	You pay a $20.00 copay for each Medicare-covered hearing exam.
Routine hearing exams	You pay a $0.00 copay for one routine hearing exam annually. You pay $0.00 copay for one fitting and evaluation for hearing aids annually. These visits are covered through our vendor, NationsHearing.	You pay a $0.00 copay for one routine hearing exam annually. You pay $0.00 copay for one fitting and evaluation for hearing aids annually. These visits are covered through our vendor, NationsHearing.
Hearing aids	Our plan also covers hearing aids through our vendor, NationsHearing. You pay a $475.00 to $1,950.00 copay per hearing aid based on technology level.	Our plan also covers hearing aids through our vendor, NationsHearing. You pay a $400.00 to $1,875.00 copay per hearing aid based on technology level.
Dental Services **Prior authorization may be required.**		
Medicare-covered dental services for the reconstruction of the jaw, accidental injury, or extractions in preparation for radiation treatment.	You pay a $40.00 copay for each Medicare-covered dental service.	You pay a $20.00 copay for each Medicare-covered dental service.
Preventive Services Frequencies vary based on service.	Our plan also covers preventive dental services: You pay a $10.00 copay for oral exams. You pay a $10.00 copay for prophylaxis (cleaning). You pay a $10.00 copay for fluoride treatment. You pay a $10.00 copay for dental x-rays.	Our plan also covers preventive dental services: You pay a $5.00 copay for oral exams. You pay a $5.00 copay for prophylaxis (cleaning). You pay a $5.00 copay for fluoride treatment. You pay a $5.00 copay for dental x-rays.

Premiums and Benefits	CareFirst BlueCross BlueShield Advantage Core (HMO)	CareFirst BlueCross BlueShield Advantage Enhanced (HMO)
Dental Services (continued)		
Additional comprehensive dental Prior authorization may be required. Frequencies vary based on service.	There are no additional comprehensive dental services covered in this plan.	Our plan also covers additional comprehensive dental services. Maximum allowance for comprehensive dental is $800.00 each year. You pay a $15.00 to $30.00 copay for non-routine services, including caries-arresting medicament (treatment to help stop active decay) and emergency dental pain treatment. You pay a $30.00 to $500.00 copay for basic restorative services, including amalgam and composite fillings. You pay a $50.00 to $300.00 copay for non-surgical periodontics. You pay a $40.00 to $100.00 copay for non-surgical extractions.
Vision Services		
Visits to diagnose and treat eye diseases and conditions.	You pay a $40.00 copay for Medicare covered eye exam.	You pay a $20.00 copay for Medicare covered eye exam.
Preventive glaucoma screening	You pay a $0.00 copay.	You pay a $0.00 copay.
Eyeglasses or contact lenses after cataract surgery	You pay a $0.00 copay.	You pay a $0.00 copay.
Routine eye exam	You pay a $20.00 copay for a routine eye exam every year (includes dilation and refraction) through our vendor, Davis Vision.	You pay a $10.00 copay for a routine eye exam every year (includes dilation and refraction) through our vendor, Davis Vision.

Premiums and Benefits	CareFirst BlueCross BlueShield Advantage Core (HMO)	CareFirst BlueCross BlueShield Advantage Enhanced (HMO)
Vision Services (continued) **Diabetic eye exam**	 You pay a $0.00 copay for diabetic eye exams every year.	 You pay a $0.00 copay for diabetic eye exams every year.
Other eyewear allowance	Our plan also covers additional eye wear through our vendor, Davis Vision: Select frames purchased from our vendor's exclusive collection will be covered in full through our vision services partner. Any frames outside the collection will have a $75.00 allowance annually. You pay a $20.00 copay for eyeglass lenses. If contact lenses are medically necessary they will be covered in full through our vendor, Davis Vision. The elective contact lenses allowance is $100.00 each year. Contact lens evaluation and fitting is not covered.	Our plan also covers additional eye wear through our vendor, Davis Vision: Select frames purchased from our vendor's exclusive collection will be covered in full through our vision services partner. Any frames outside the collection will have a $150.00 allowance annually. You pay a $10.00 copay for eyeglass lenses. If contact lenses are medically necessary they will be covered in full through our vendor, Davis Vision. The elective contact lenses allowance is $200.00 each year. Contact lens evaluation allowance is $60.00 each year.
Mental Health Services **Outpatient individual therapy per visit** **Outpatient group therapy per visit**	 You pay a $40.00 copay for each outpatient individual therapy visit. You pay a $20.00 copay for each outpatient group therapy visit.	 You pay a $20.00 copay for each outpatient individual therapy visit. You pay a $10.00 copay for each outpatient group therapy visit.
Skilled Nursing Facility Prior authorization may be required.	Our plan covers up to 100 days in a Skilled Nursing Facility. You pay a $0.00 copay per day for days 1 through 20. You pay a $180.00 copay per day for days 21 through 100.	Our plan covers up to 100 days in a Skilled Nursing Facility. You pay a $0.00 copay per day for days 1 through 20. You pay a $160.00 copay per day for days 21 through 100.

Premiums and Benefits	CareFirst BlueCross BlueShield Advantage Core (HMO)	CareFirst BlueCross BlueShield Advantage Enhanced (HMO)
Physical Therapy Prior authorization may be required.	You pay $35.00 per visit for occupational therapy, physical therapy, or speech-language pathology services.	You pay $20.00 per visit for occupational therapy, physical therapy, or speech-language pathology services.
Ambulance Authorization may be required for non-emergency Medicare service	You pay a $240.00 copay for ground services. You pay 20% coinsurance for air services.	You pay a $200.00 copay for ground services. You pay 20% coinsurance for air services.
Transportation	No coverage.	No coverage.
Medicare Part B Drugs Prior authorization may be required	You pay 20% coinsurance for Part B chemotherapy or other drugs.	You pay 20% coinsurance for Part B chemotherapy or other drugs.
Acupuncture Services Prior authorization may be required for Medicare-covered in-network services only.		
Medicare-covered Acupuncture services for chronic low back pain	You pay a $50.00 dollar copay for Medicare covered acupuncture.	You pay a $30 dollar copay for Medicare covered acupuncture.
Routine Acupuncture services	Routine acupuncture visits are not covered in this plan.	You pay a $20.00 copay for each non-Medicare-covered routine acupuncture visit (up to 12 visits a calendar year).

Premiums and Benefits	CareFirst BlueCross BlueShield Advantage Core (HMO)	CareFirst BlueCross BlueShield Advantage Enhanced (HMO)
Chiropractic Services Prior authorization may be required for Medicare-covered in-network services only.		
Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation)	You pay a $20.00 copay for each Medicare-covered chiropractic visit.	You pay a $10.00 copay for each Medicare-covered chiropractic visit.
Routine Chiropractic services	Routine chiropractic care is not covered in this plan.	You pay a $10.00 copay for each non-Medicare-covered routine chiropractic service (up to 12 visits a calendar year).
Podiatry Services Prior authorization may be required for Medicare-covered in-network services only.		
Medicare-covered Podiatry services for medical and surgical issues.	You pay a $40.00 copay for each Medicare-covered podiatry visit.	You pay a $30.00 copay for each Medicare-covered podiatry visit.
Routine Podiatry services	Routine podiatry care is not covered in this plan.	You pay a $10.00 copay for each non-Medicare-covered routine podiatry service (up to 12 visits a calendar year).
Additional Services		
24-Hour Nurse Advice Line	You pay a $0.00 copay for services provided by the 24-Hour Nurse Advice Line.	You pay a $0.00 copay for services provided by the 24-Hour Nurse Advice Line.
Video Visit (Telehealth)	Video Visit through our vendor allows members to securely connect with a provider for urgent care services and behavioral health (therapy and psychiatry). You pay a $30.00 copay for urgent care services and a $40.00 copay for individual behavioral health (mental health specialty services or psychiatric services).	Video Visit through our vendor allows members to securely connect with a provider for urgent care services and behavioral health (therapy and psychiatry). You pay a $20.00 copay for urgent care services and a $20.00 copay for individual behavioral health (mental health specialist services and psychiatric services).

<table>
<tr><th>Premiums and Benefits</th><th>CareFirst BlueCross BlueShield Advantage Core (HMO)</th><th>CareFirst BlueCross BlueShield Advantage Enhanced (HMO)</th></tr>
<tr><td>Additional Telehealth Services
Prior authorization and referral may be required for Specialist services.</td><td>You pay:
$5.00 copay for Primary Care Provider service
$50.00 copay for Specialist service
$40.00 copay for Mental Health Individual session
$20.00 copay for Mental Health Group session
$40.00 copay for Psychiatric Services Individual session
$20.00 copay for Psychiatric Services Group session
Additional telehealth is covered through video services with in-network providers only.</td><td>You pay:
$0.00 copay for Primary Care Provider service
$40.00 copay for Specialist service
$20.00 for Mental Health Individual session
$10.00 for Mental Health Group session
$20.00 for Psychiatric Services Individual session
$10.00 for Psychiatric Services Group session
Additional telehealth is covered through video services with in-network providers only.</td></tr>
<tr><td>SilverSneakers</td><td colspan="2">You're automatically enrolled in the SilverSneakers® Fitness Program at no additional cost.
SilverSneakers can help you live a healthier, more active life through fitness and social connection.
Enjoy SilverSneakers On-Demand workout videos from home, LIVE Classes and Workshops and more through SilverSneakers.com and the SilverSneakers GO app.
You can also sign up for a home fitness kit.
You'll have access to thousands of gym locations nationwide with use of basic amenities. SilverSneakers offers specially designed, signature exercise classes for all fitness levels plus group exercise classes for all levels at select locations.</td></tr>
<tr><td>Onduo</td><td colspan="2">Members with diabetes who are enrolled in our Onduo care management program will have access to the following no-cost benefits: virtual clinics with primary care providers and specialists, continuous glucose monitors (CGMs) for eligible members, blood pressure cuffs for eligible members, additional diabetic supplies such as test strips and lancets, as well as health and lifestyle coaching, support, and services and access to an app.</td></tr>
</table>

Medicare Part D Drugs	
Initial Coverage Stage	You pay the copays in the tables below until your total yearly drug costs reach $4,660 in 2023. Total yearly drug costs are the total drug costs paid by both you and our Part D plan. You may get your drugs at network retail pharmacies, specialty pharmacies and mail order pharmacies. Cost-sharing is based upon the Tier the drug is on and when you enter another phase of the Part D benefit. For more information on the additional pharmacy-specific cost-sharing and the phases of the benefit, please call us or access our Evidence of Coverage booklet. Prescription drugs cost-sharing tier descriptions: ■ Tier 1—Preferred Generics provide the lowest cost-share ■ Tier 2—Generics include a higher cost-share than Tier 1 ■ Tier 3—Preferred Brands include a mid-level cost-share ■ Tier 4—Non-Preferred Drugs include a cost-share higher than Tier 3 ■ Tier 5—Specialty drugs include the highest cost-share
Coverage Gap	Most Medicare drug plans have a coverage gap (also called the “donut hole”). This means that there’s a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches $4,660 in 2023. After you enter the coverage gap, you pay 25% of the plan’s cost for covered brand name drugs and 25% of the plan’s cost for covered generic drugs until your costs total $7,400 which is the end of the coverage gap.
Catastrophic Coverage	After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy, specialty pharmacies and through mail order) reach $7,400 in 2023 you pay the greater of: 5% coinsurance, or $4.15 copay for generic and a $10.35 copay for all other drugs.
Long term care facility resident coverage	If you live in a long term care facility and get your drugs from their pharmacy, you pay the same as copays as a 30-day retail pharmacy prescriptions for both Core and Enhanced plans.
Senior Savings Model (Low Cost Insulin for All Members)	The Part D Senior Savings Model allows participating Part D prescription drug plans to offer a broad set of formulary insulins at a maximum $35.00 copayment per month’s supply, throughout the deductible, initial coverage, and coverage gap phases of their Part D drug coverage. This means that participating Part D plans offer enrollees predictable, stable copayments for insulin to help enrollees save money on their drug costs. The Long Term Care (LTC) and Out-of-Network (OON) member copay in the Senior Savings Model is $35.00 per prescription for a one month supply.

Medicare Part D Drugs	
Vaccines	**Important Message About What You Pay for Vaccines—** Our plan covers most Part D vaccines at no cost to you. Call Member Services for more information.
Insulin	**Important Message About What You Pay for Insulin—** You won't pay more than $35.00 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on.
Getting Help from Medicare—If you chose this plan because you were looking for insulin coverage at $35.00 a month or less, it is important to know that you may have other options available to you for 2023 at even lower costs because of changes to the Medicare Part D program. Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week for help comparing your options. TTY users should call 1-877-486-2048.	
Additional Resources to Help—Please contact our Member Services number at 855-290-5744 for additional information. (TTY users should call 711) Hours are Monday-Friday, 8 a.m. – 8 p.m. ET, 7 days a week from October 1 through March 31. From April 1 through September 30, our hours are 8 a.m. – 8 p.m., ET, Monday through Friday.	

Medicare Part D Drugs

	CareFirst BlueCross BlueShield Advantage Core (HMO)	CareFirst BlueCross BlueShield Advantage Enhanced (HMO)
Pharmacy (Part D) Deductible	There is no pharmacy deductible for this plan.	There is no pharmacy deductible for this plan.
Retail Pharmacy—one-month supply	Copay	Copay
Tier 1—Preferred Generic	$7.00	$5.00
Tier 2—Generic	$20.00	$15.00
Tier 3—Preferred Brand	$47.00 ($35.00 select insulins)	$47.00 ($35.00 select insulins)
Tier 4—Non-Preferred Drug	$100.00	$100.00
Tier 5—Specialty	33% of the total cost	33% of the total cost
Retail Pharmacy—two-month supply	Copay	Copay
Tier 1—Preferred Generic	$7.00	$5.00
Tier 2—Generic	$20.00	$15.00
Tier 3—Preferred Brand	$94.00 ($70.00 select insulins)	$94.00 ($70.00 select insulins)
Tier 4—Non-Preferred Drug	$200.00	$200.00
Tier 5—Specialty	A long-term supply is not available for drugs in Tier 5.	A long-term supply is not available for drugs in Tier 5.
Retail Pharmacy—three-month supply	Copay	Copay
Tier 1—Preferred Generic*	$7.00	$5.00
Tier 2—Generic	$20.00	$15.00
Tier 3—Preferred Brand	$141.00 ($105.00 select insulins)	$141.00 ($105.00 select insulins)
Tier 4—Non-Preferred Drug	$300.00	$300.00
Tier 5—Specialty	A long-term supply is not available for drugs in Tier 5.	A long-term supply is not available for drugs in Tier 5.

*Members are eligible to receive 100-day supplies of their Tier 1 medications for the same copay as a 90-day supply.

Medicare Part D Drugs

	CareFirst BlueCross BlueShield Advantage Core (HMO)	CareFirst BlueCross BlueShield Advantage Enhanced (HMO)
Mail Order—one-month supply	Copay	Copay
Tier 1—Preferred Generic	$7.00	$5.00
Tier 2—Generic	$20.00	$15.00
Tier 3—Preferred Brand	$47.00 ($35.00 for select insulins)	$47.00 ($35.00 for select insulins)
Tier 4—Non-Preferred Drug	$100.00	$100.00
Tier 5—Specialty	33% of the total cost	33% of the total cost
Mail Order—two-month supply	Copay	Copay
Tier 1—Preferred Generic	$7.00	$5.00
Tier 2—Generic	$20.00	$15.00
Tier 3—Preferred Brand	$94.00 ($70.00 for select insulins)	$94.00 ($70.00 for select insulins)
Tier 4—Non-Preferred Drug	$200.00	$200.00
Tier 5—Specialty	A long-term supply is not available for drugs in Tier 5.	A long-term supply is not available for drugs in Tier 5.
Mail Order—three-month supply	Copay	Copay
Tier 1—Preferred Generic*	$7.00	$5.00
Tier 2—Generic	$20.00	$15.00
Tier 3—Preferred Brand	$94.00 ($70.00 for select insulins)	$94.00 ($70.00 for select insulins)
Tier 4—Non-Preferred Drug	$200.00	$200.00
Tier 5—Specialty	A long-term supply is not available for drugs in Tier 5.	A long-term supply is not available for drugs in Tier 5.

*Members are eligible to receive 100-day supplies of their Tier 1 medications for the same copay as a 90-day supply.

Medicare Part D Drug Gap Coverage

	CareFirst BlueCross BlueShield Advantage Core (HMO)	CareFirst BlueCross BlueShield Advantage Enhanced (HMO)
Enhanced Gap Coverage	Gap coverage is not available for this plan.	Enhanced plan members entering the coverage gap stage (donut hole) will pay the copay listed below for Tier 1—Preferred Generic drugs, or 25% of the plan's cost of the drug whichever is the lowest while in the coverage gap stage. One-month Retail Supply: $5.00 Two-month Retail Supply: $5.00 Three-month Retail Supply: $5.00 One-month Mail Order: $5.00 Two-month Mail Order: $5.00 Three-month Mail Order: $5.00 $5.00 for a one-month supply OON (Out-of-network) and for LTC (Long-Term Care drugs)

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CareFirst BlueCross BlueShield Medicare Advantage is an HMO plan with a Medicare contract. Enrollment in CareFirst BlueCross BlueShield Medicare Advantage depends upon contract renewal.

CareFirst BlueCross BlueShield Medicare Advantage is the business name of CareFirst Advantage, Inc., an independent licensee of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

Notice of Nondiscrimination and Multi-Language Insert

(UPDATED 8/5/19)

CareFirst BlueCross BlueShield, CareFirst BlueChoice, Inc., CareFirst Diversified Benefits and all of their corporate affiliates (CareFirst) comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex. CareFirst does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

CareFirst:

- Provides free aid and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, please call 1-855-290-5744.

If you believe CareFirst has failed to provide these services, or discriminated in another way, on the basis of race, color, national origin, age, disability or sex, you can file a grievance with our CareFirst Civil Rights Coordinator by mail, fax or email. If you need help filing a grievance, our CareFirst Civil Rights Coordinator is available to help you.

To file a grievance regarding a violation of federal civil rights, please contact the Civil Rights Coordinator as indicated below. Please do not send payments, claims issues, or other documentation to this office.

Civil Rights Coordinator, Corporate Office of Civil Rights

Mailing Address	P.O. Box 8894 Baltimore, Maryland 21224
Email Address	**civilrightscoordinator@carefirst.com**
Telephone Number	410-528-7820
Fax Number	410-505-2011

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint portal, available at **https://ocrportal.hhs.gov/ocr/portal/lobby.jsf** or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at **http://www.hhs.gov/ocr/office/file/index.html**.

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Multi-Language Insert

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-855-290-5744. Someone who speaks English/Language can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-855-290-5744. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑 问。如果您需要此翻译服务，请致电 1-855-290-5744。我们的中文工作人员很乐意帮助您。 这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯 服務。如需翻譯服務，請致電 1-855-290-5744。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-855-290-5744. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-855-290-5744. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-855-290-5744 sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí .

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-855-290-5744. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-855-290-5744 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-855-290-5744. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على 1-855-290-5744 . سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-855-290-5744 पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-855-290-5744. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portugués: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-855-290-5744. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-855-290-5744. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-855-290-5744. Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがありますございます。通訳をご用命になるには、1-855-290-5744 にお電話ください。日本語を話す人 者 が支援いたします。これは無料のサー ビスです。