

CAREFIRST NATIONAL DENTAL NETWORK POWERED BY DENTAL GRID*

A nationwide dental network exclusively for Blue Cross Blue Shield members

To millions of Americans, Blue Cross and Blue Shield represents peace of mind when it's needed the most. That's because the Blue Cross and Blue Shield brand represents the nation's largest and most experienced healthcare benefit companies.

Access to a national dental solution

In addition to our affiliation with a national medical network, participating Blues Plan members have access to the national Dental GRID, one of the country's largest national dental networks. The national Dental GRID links dental networks, including the dental networks of many of the nation's Blues Plans. It includes dentists in all 50 states—so your employees can find a dentist wherever they live or visit.

Convenience for clients and members

The Dental GRID offers strong networks and discounts nationwide with no access fees. ID cards, account management services, customer service, and administration are handled through the member's Blues Plan, so clients and members will continue to receive a great healthcare experience.



**Have questions about
Dental GRID? Please
contact your CareFirst
Account Consultant.**

Dental GRID

What is this network?

The Dental GRID links the dental networks of multiple Blue Cross and Blue Shield plans under a seamless network offering. The combined network is one of the largest national PPO dental networks with over 130,000 unique providers.

Members who live or travel outside of the CareFirst BlueCross BlueShield and CareFirst BlueChoice, Inc. (collectively, "CareFirst") service area (Maryland, Washington, D.C. and Northern Virginia) will be able to obtain covered services at the in-network level of benefits through the Dental GRID network. The GRID offers customers hassle-free, in-network access to more dentists and discounts across the country.

Which plans can use the Dental GRID/GRID+ networks?

The Dental GRID consists of two networks: GRID, which provides patients with lower out-of-pocket costs, and GRID+, which offers broader access to a large number of participating dentists. BlueDental Plus, BlueDental EPO, BlueDental Basic and Preferred Dental members can access dental providers in the GRID or GRID+ networks. Traditional Dental members may only access dental providers in the GRID+ network.

* Dental GRID is a service of GRID Dental Corporation which is an independent company offering access to a dental provider network and services to CareFirst members.

National Dental GRID

The Dental GRID includes dentists in all 50 states through the networks of participating Blues Plans and their affiliates.

Plans

- Anthem Insurance Companies, Inc.
 - Anthem Blue Cross of California
 - Anthem Blue Cross and Blue Shield of Colorado
 - Anthem Blue Cross and Blue Shield of Connecticut
 - Anthem Blue Cross and Blue Shield of Georgia
 - Anthem Blue Cross and Blue Shield of Indiana
 - Anthem Blue Cross and Blue Shield of Kentucky
 - Anthem Blue Cross and Blue Shield of Maine
 - Anthem Blue Cross and Blue Shield of Missouri
 - Anthem Blue Cross and Blue Shield of Nevada
 - Anthem Blue Cross and Blue Shield of New Hampshire
 - Anthem Blue Cross and Blue Shield of New York
 - Anthem Blue Cross and Blue Shield of Ohio
 - Anthem Blue Cross and Blue Shield of Virginia
 - Anthem Blue Cross and Blue Shield of Wisconsin
- HCSC—Health Care Service Corporation
 - Blue Cross and Blue Shield Illinois
 - Blue Cross and Blue Shield Montana
 - Blue Cross and Blue Shield New Mexico
 - Blue Cross and Blue Shield Oklahoma
 - Blue Cross and Blue Shield Texas
- Blue Cross and Blue Shield of Kansas
- Blue Cross and Blue Shield of Kansas City
- BlueCross BlueShield of Nebraska
- Blue Cross Blue Shield of North Carolina
- Blue Cross Blue Shield of South Carolina
- BlueCross BlueShield of Tennessee
- Blue Cross of Idaho
- Capital Blue Cross (Central PA)
- CareFirst BlueCross BlueShield (Maryland/ District of Columbia)
- Excellus BlueCross BlueShield (Rochester, NY)
- Horizon Blue Cross and Blue Shield of New Jersey
- Blue Cross and Blue Shield of Vermont (CBA Blue)
- Wellmark Blue Cross and Blue Shield of Iowa
- Blue Cross and Blue Shield of Arizona
- Blue Cross and Blue Shield of Massachusetts
- BlueCross & BlueShield of Western/BlueShield of Northeastern New York (no providers posted currently)
- Independence Blue Cross (IBX) (PA)

Networks

- Blue Cross and Blue Shield of Florida
- Blue Cross Blue Shield of Hawaii
- Blue Cross and Blue Shield of Arkansas
- Blue Cross and Blue Shield of Rhode Island
- Blue Cross and Blue Shield of Wyoming
- Dominion
- UniCare
- DeCare

Revised 1/2024

CareFirst BlueCross BlueShield is the shared business name of CareFirst of Maryland, Inc. and Group Hospitalization and Medical Services, Inc. CareFirst BlueCross BlueShield Medicare Advantage is the shared business name of CareFirst Advantage, Inc., CareFirst Advantage PPO, Inc. and CareFirst Advantage DSNP, Inc. CareFirst BlueCross BlueShield Community Health Plan Maryland is the business name of CareFirst Community Partners, Inc. In the District of Columbia and Maryland, CareFirst MedPlus is the business name of First Care, Inc. In Virginia, CareFirst MedPlus is the business name of First Care, Inc. of Maryland (used in VA by: First Care, Inc.). CareFirst of Maryland, Inc., Group Hospitalization and Medical Services, Inc., CareFirst Advantage, Inc., CareFirst Advantage PPO, Inc., CareFirst Advantage DSNP, Inc., CareFirst Community Partners, Inc., CareFirst BlueCross BlueShield Community Health Plan District of Columbia, CareFirst BlueChoice, Inc., First Care, Inc., and The Dental Network, Inc. are independent licensees of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.