

A young boy with short brown hair, wearing a dark blue sweater over a white collared shirt, is shown in profile, looking down at a tablet computer he is holding with both hands. The background is blurred, showing other people in a public setting.

Make medical visits less scary with **xploro**®

Support your employees by supporting their families.

Xploro® is a healthcare adventure designed to help children feel more empowered and comfortable about their healthcare journey.

Xploro® uses games, stories and interactive tools to explain medical appointments, procedures and more.

Children can create a personalized avatar, their Xploro® buddy, who helps explain healthcare information and what to expect at medical appointments in an age-appropriate, engaging way — turning it into a familiar and manageable experience.

For families, Xploro® can help bring peace of mind, open up conversations at home, reduce uncertainty, and feel more informed and prepared.

Through this immersive and engaging experience, Xploro® can help your employees while they balance family and work life.

Healthier families mean healthier teams.

To learn more, contact your CareFirst WellBeingSM consultant or account consultant.

Xploro® is brought to you on behalf of your CareFirst WellBeing program. Xploro® is an independent company that provides health improvement management services to CareFirst BlueCross BlueShield members.

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