

For brokers and producers only

Date: April 18, 2019

Market: All

## What's New with Wellness

### Inspirations and Relax 360°

Two new features, Inspirations and Relax 360°, have launched as part of the wellness program digital experience. Inspirations and Relax 360° offer relaxation and wellness videos as well as streaming music to help members break free from stress, unwind at the end of the day or ease into a restful night of sleep. All members can access Inspirations and Relax 360° from their Sharecare account either online or through the app by clicking *Discover*.

#### *Member resources on the broker portal*

An Inspirations overview video is available in the *Resources* section of the broker portal. For Consumer Direct Resources, click on [Wellness Program](#). For *Group Resources*, click on *Wellness and Blue Rewards*, then [2019 Wellness and Blue Rewards](#).

A member flier is currently in development and will soon be available. Be sure to check the broker portal for this flier in the next few days, along with other program resources.

Employers can also access these materials on the employer portal, within the *Employee Resources* tab, under *Wellness and Blue Rewards*, then [2019 Wellness & Blue Rewards](#).

### A reminder for accessing materials

To ensure you are using the most current, up-to-date materials, please download materials from the broker portal only at the time you are planning to use them. The revision date appears on most materials. Please do **not** save anything to your desktop or other locations—we frequently update all materials and want to ensure accurate information is being communicated to our accounts and members.

### For more information

If you have any questions, please contact your broker sales representative.